



# ЛЕЧЕНИЕ ТУБЕРКУЛЕЗА

## *Tuberculosis Treatment*

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*Kaliningrad 30 October 2015*



Awareness, Improvement, Mobilization (AIM):  
Углубление знаний по лечению ВИЧ и сопутствующих инфекций  
(гепатит С и туберкулез)



# ЛЕЧЕНИЕ ТБ

## TB treatment (1/2)



# ЛЕЧЕНИЕ ТБ

## TB treatment (2/2)

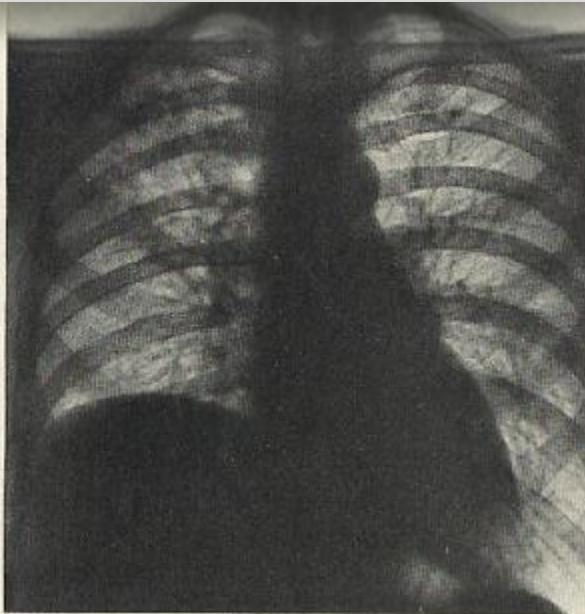


Abb. 258. Aufn.-Nr. 1320, d, 39 Jahre. Tuberkulose im rechten Ober- und Mittelgeschoß mit kleiner Kaverne und geringer Stenung links.

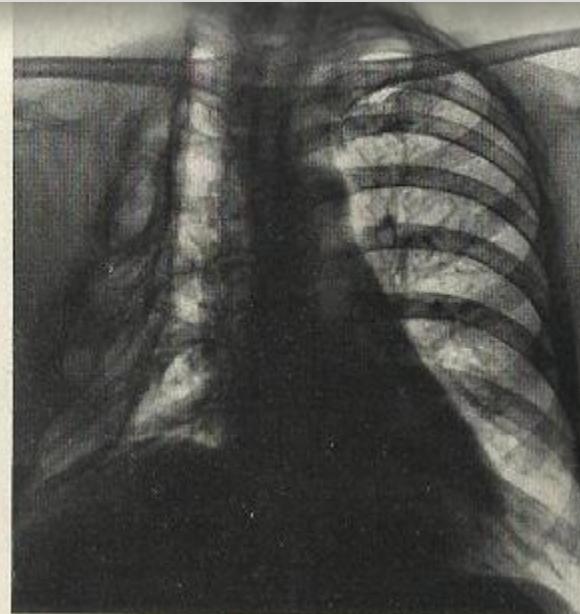


Abb. 259. Derselbe Fall. Voller Erfolg nach einzeitiger Plastik 1—8.

Ulrici H: Klinik der Lungentuberkulose Berlin: Springer 3rd ed. 1944

# СОВРЕМЕННЫЕ ПРЕПАРАТЫ ЛЕЧЕНИЯ

Modern drug treatment of TB (1/3)

1943: **стрептомицин** streptomycin (STM, S)

1949: **Пара-аминосалициловая кислота, ПАСК** PAS (para-aminosalicylic acid)

1952: **изониазид** isoniazid (INH, H)

1954: **пиразинамид** pyrazinamide (PZA, Z)

1955: **циклосерин** cycloserine

1956: **этионамид** ethionamide (1963 clinical standard)

1957: **канамицин** kanamycin (KM)

# СОВРЕМЕННЫЕ ПРЕПАРАТЫ ЛЕЧЕНИЯ

Modern drug treatment of TB (2/3)

**1959: рифамицин В → рифампицин (1963)**

rifamycin B --> rifampicin (1963) (RMP, R)

**1962: этамбутол** ethambutol (EMB, E)

**1965: Рифапентин** rifapentine

**1987: левофлоксацин** levofloxacin

**1989: моксифлоксацин** moxifloxacin (MXF)

**1999: гатифлоксацин** gatifloxacin

**2012: бедаквилин** bedaquiline

- Herzog H Respiration 1998;65:5-15;  
Leão SC; Portaels F in: Palomino JC; Leão SC; Ritacco V: Tuberculosis 2007, 25-51

# СОВРЕМЕННЫЕ ПРЕПАРАТЫ ЛЕЧЕНИЯ

Modern drug treatment of TB (2/3)

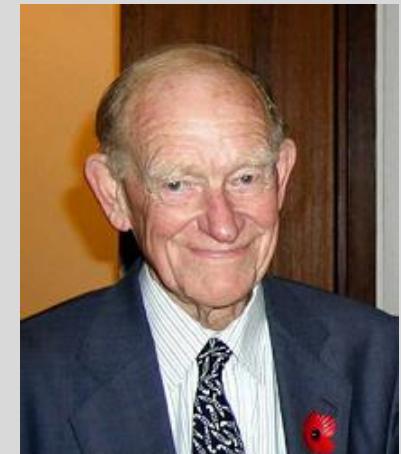
**1954-1957: Эдинбургский метод:  
Стрептомицин + ПАСК + изониазид**

Edinburgh method: streptomycin + PAS + isoniazid

**100% излечение ТБ - разумная цель**  
cure for tuberculosis is a reasonable objective

**Сер Джон Крофтон**  
Sir John Crofton (1912-2009)

<http://www.who.int/bulletin/volumes/87/12/09-051209/en/index.html>



# СТАНДАРТЫ ЛЕЧЕНИЯ ЛЕГОЧНОГО и ВОСПРИИМЧИВОГО К ПРЕПАРАТАМ ТБ

Standard treatment for pulmonary, drug susceptible TB (DS-TB)

**начальная стадия: 2 месяца изониазид +  
рифампицин + пиразинамид + этамбутол**

2 months initial phase: isoniazid + rifampicin + pyrazinamide +  
ethambutol (2HRZE)

*и после* followed by

**4 месяца закрепительная стадия: изониазид  
+ рифампицин (4HR)**

4 months consolidation phase: isoniazid + rifampicin (4HR)

# ЛЕЧЕНИЕ С КОИНФЕКЦИЕЙ ВИЧ

Treatment in HIV-coinfected (1/2)

**Однаковая схема** Same regimen

**Начать прием АРВ (2 НИОТа, 1 ННИОТ)** Start ART (2 NRTI, 1 NNRTI)

**Котримоксазол** co-trimoxazole

# ЛЕЧЕНИЕ С КОИНФЕКЦИЕЙ ВИЧ

Treatment in HIV-coinfected (2/2)

**Более высокая смертность** Higher mortality

**Воспалительный синдром  
восстановления иммунитета**

Immune reconstitution inflammatory syndrome (IRIS)

**Риск приобретения лекарственно-  
устойчивого ТБ** Risk of drug-resistant TB

# ЛЕЧЕНИЕ ЛЕКАРСТВЕННО-УСТОЙЧИВОГО ТБ (МЛУ ТБ)

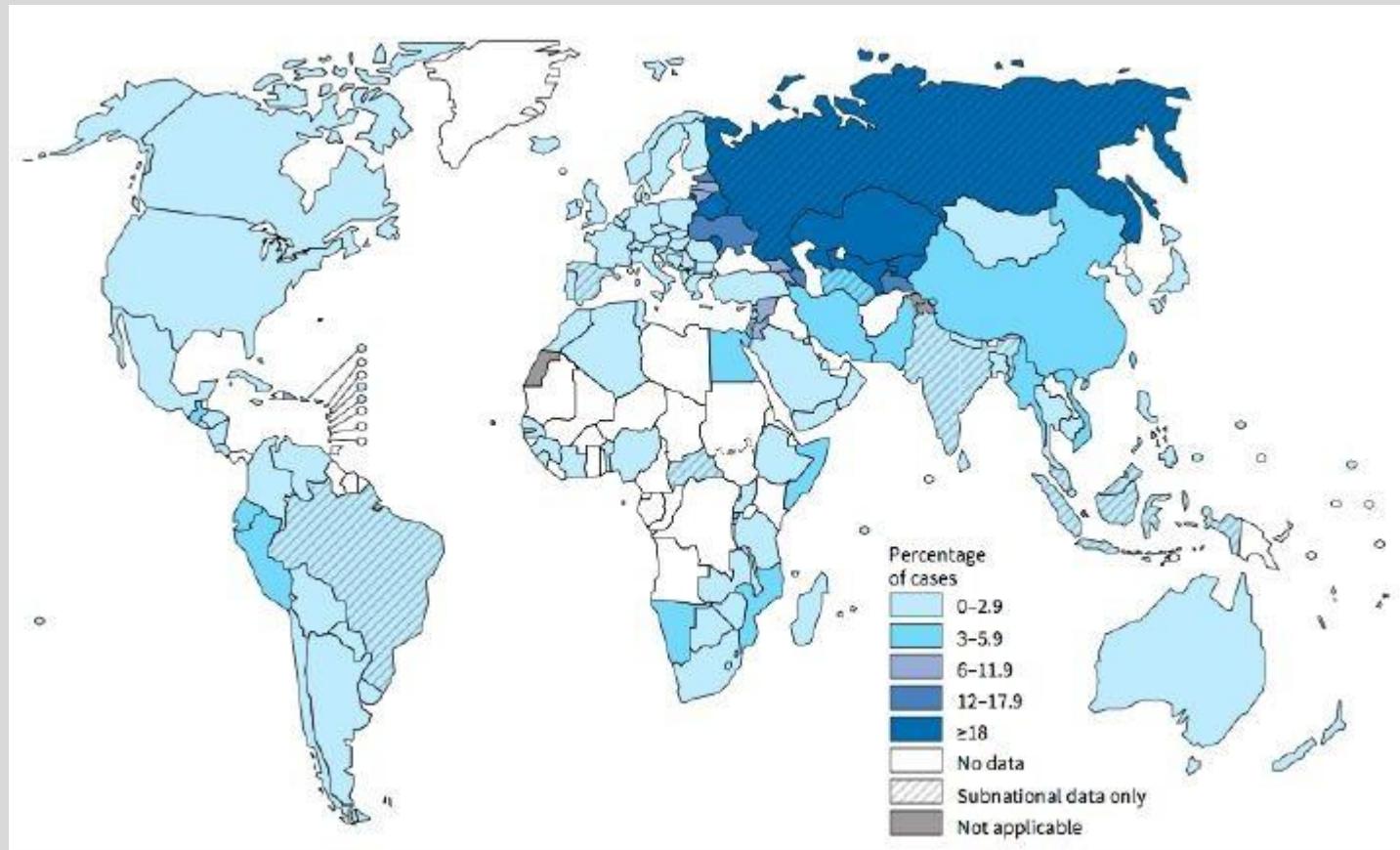
Treatment of Drug-resistant TB (MDR) (1/5)

**Значение лекарственно-устойчивого ТБ:**  
устойчивость к изониазиду иrifampicину и, потенциально, другим противотуберкулезным препаратам первой линии

*Definition of multidrug-resistant tuberculosis (MDR-TB):  
Resistance against isoniazide and rifampicin and possibly other  
first-line anti-tuberculosis agents*

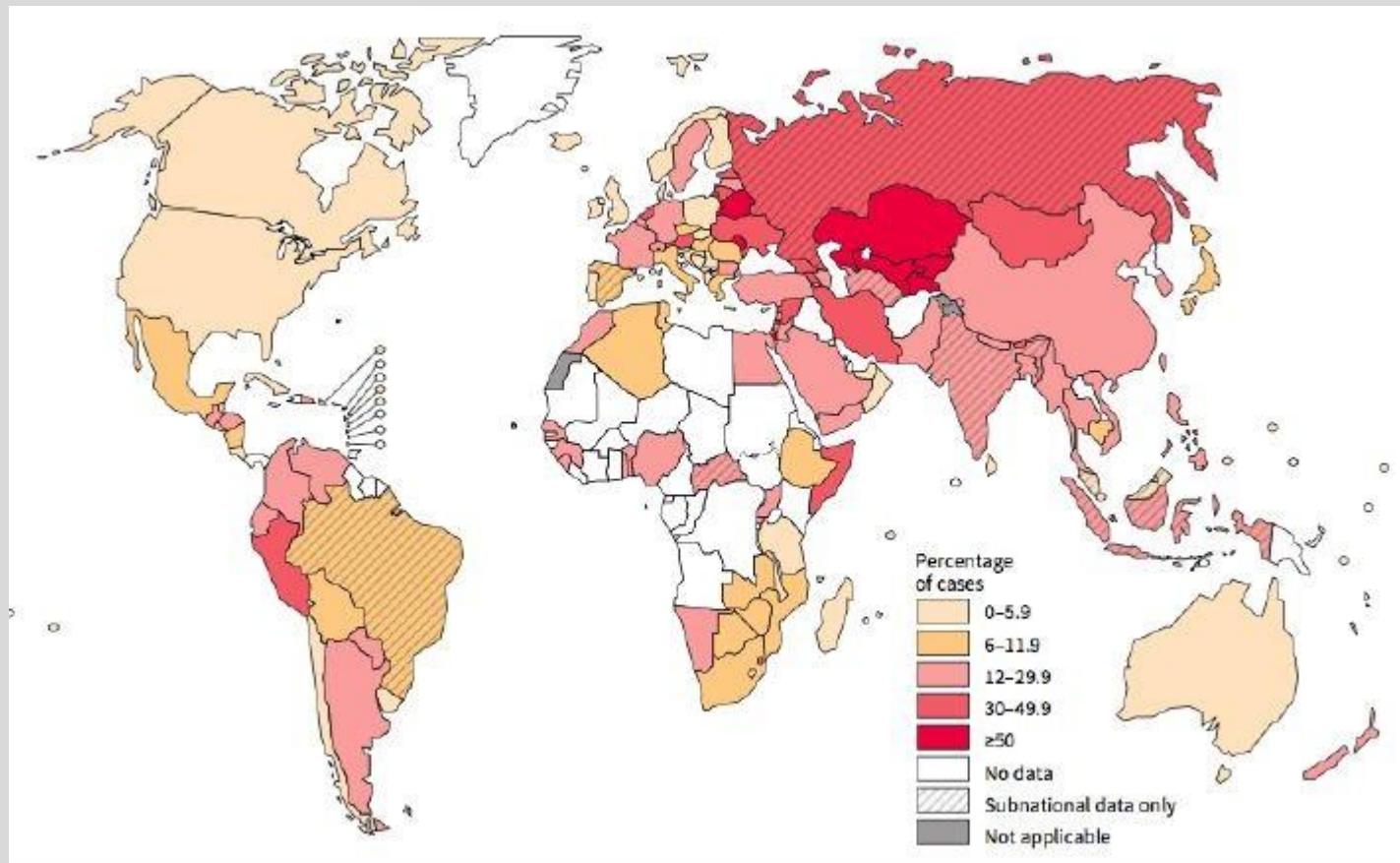
# МЛУ ТБ

## МЛУ-ТБ среди новых случаев туберкулеза (2/5)



# МЛУ ТБ

## МЛУ-ТБ среди пролеченных случаев ТБ (3/5)



# ЛЕЧЕНИЕ ЛЕКАРСТВЕННО-УСТОЙЧИВОГО ТБ (МЛУ ТБ)

Treatment of Drug-resistant TB (MDR) (4/5)

**Тест на чувствительность к препаратам перед началом лечения**

Drug susceptibility test (DST) before treatment

**Минимум 4 препарата с полной или практически полной эффективностью**

At least 4 drugs with either certain, or almost certain effectiveness

**При возможности, лечение перорально**

Treatment with oral agents if possible

# ЛЕЧЕНИЕ ЛЕКАРСТВЕННО-УСТОЙЧИВОГО ТБ (МЛУ ТБ)

Treatment of Drug-resistant TB (MDR) (5/5)

## ГРУППЫ ПРЕПАРАТОВ ДЛЯ ЛЕЧЕНИЯ МЛУ-ТБ

Groups of drugs to treat MDR-TB

Companion handbook to the WHO guidelines for the programmatic management of drug-resistant tuberculosis 2014, p 77 (EN)

**LATEST ARTICLES**

[Drug Interactions](#) - Use of electronic databases to detect interactions.

[Webcasts](#) - HIV2014, Glasgow

[Meeting Report](#) - HIV2014, Glasgow

[Drug Interaction](#) – Efavirenz or darunavir/ and pitavastatin

[Drug Interaction](#) – Raltegravir and amlodipine

[Meeting Report](#) - 54th ICAAC, Washington

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**SITE UPDATES**

Expansion of the comedications list to over 600 drugs

A major update to the drug interaction database has seen the addition of nearly 90 new comedications...

>>more

[Corticosteroids](#) – new comedications and

**DRUG INTERACTION CHARTS**

**Now Includes Cobicistat**

Access our comprehensive, user friendly, free, drug interactions charts

[CLICK HERE](#)

[CLICK HERE](#)

Providing clinically useful, reliable, up-to-date evidence-based information

[To view low bandwidth version click here](#)

**INTERACTION CHARTS FOR PHONES AND TABLETS**

**HIV iChart - NEW VERSION AVAILABLE**



A new version of the interaction app for mobile devices is now available. The new app includes tablet support for Android devices and is fully compatible with the latest versions of iOS (iOS7 and above). Note, existing users of the app on iOS6 should not install the new app.

**EDITORIAL SPONSORSHIP**

We are pleased to announce Editorial Sponsorship from BHIVA, EACS and the International Congress on Drug Therapy in HIV (Glasgow).

**ASSOCIATED SITES**

# Anti-tuberculosis Treatment Selector

Charts reviewed May 2015. Full information available at [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org) and [www.hiv-druginteractionslite.org](http://www.hiv-druginteractionslite.org)

|                                  | ATV/r                    | DRV/r          | FPV/r | IDV/r | LPV/r | SQV/r          | EFV            | ETV  | NVP  | RPV  | MVC  | DTG            | EVG/c             | RAL | ABC  | FTC            | 3TC            | TDF            | ZDV            |
|----------------------------------|--------------------------|----------------|-------|-------|-------|----------------|----------------|------|------|------|------|----------------|-------------------|-----|------|----------------|----------------|----------------|----------------|
| First Line and Second Line Drugs | ↔                        | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔ <sup>a</sup> | ↔ <sup>a</sup> | ↔ <sup>b</sup> | ↔ <sup>b</sup> |
|                                  | Amikacin                 | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔ <sup>a</sup> | ↔ <sup>a</sup> | ↔ <sup>b</sup> | ↔ <sup>b</sup> |
|                                  | Capreomycin              | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↑?                | ↔   | ↔    | ↔              | ↑?             | ↑?             | ↔              |
|                                  | Clofazimine              | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Cycloserine              | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Ethambutol               | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Ethionamide              | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Isoniazid                | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Kanamycin                | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔ <sup>a</sup> | ↔ <sup>a</sup> | ↔ <sup>b</sup> | ↔ <sup>b</sup> |
|                                  | Moxifloxacin             | ↑ <sup>c</sup> | ↔     | ↔     | ↔     | ↔ <sup>c</sup> | ↔ <sup>d</sup> | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Para-aminosalicylic acid | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↑?             | ↔                 | ↔   | ↔    | ↔              | ↑?             | ↑?             | ↑?             |
|                                  | Pyrazinamide             | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔              | ↔              |
| Second Line Drugs                | Rifabutin                | ↑              | ↑↑50% | ↑     | ↑     | ↑              | ↑              | ↓38% | ↓37% | ↑17% | ↓*   | f              | ↔                 | ↑↓  | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Rifampicin               | ↓72%           | ↓     | ↓90%  | ↓80%  | ↓              | ↓              | ↓26% | ↓    | ↓58% | ↓80% | ↓ <sup>e</sup> | ↓54% <sup>h</sup> | ↓   | ↓40% | ↓              | ↔              | ↔              | ↓47%           |
|                                  | Rifapentine              | ↓              | ↓     | ↓     | ↓     | ↓              | ↓              | ↓    | ↓    | ↓    | ↓    | ↓ <sup>g</sup> | ↓                 | ↓   | ↔    | ↔              | ↔              | ↔              | ↔              |
|                                  | Streptomycin             | ↔              | ↔     | ↔     | ↔     | ↔              | ↔              | ↔    | ↔    | ↔    | ↔    | ↔              | ↔                 | ↔   | ↔    | ↔              | ↔              | ↔ <sup>b</sup> | ↔              |

## Colour Legend

- No clinically significant interaction expected.
- These drugs should not be coadministered.
- Potential interaction which may require a dosage adjustment or close monitoring.
- Potential interaction predicted to be of weak intensity (<2 fold ↑AUC or <50% ↓AUC). No *a priori* dosage adjustment is recommended.

# ЛЕЧЕНИЕ ЛЕКАРСТВЕННО- УСТОЙЧИВОГО ТБ (МЛУ ТБ)

**Тест на чувствительность к препаратам  
перед началом лечения**

Drug susceptibility test (DST) before treatment

**Минимум 4 препарата с полной или  
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**При возможности, лечение перорально**

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# ЛЕЧЕНИЕ ЛЕКАРСТВЕННО- УСТОЙЧИВОГО ТБ (МЛУ ТБ)

**8Km6-Lfx7-Eto7-Cs7-Z7/12Lfx7-Eto7-Cs7-Z7  
= 8 мес.:**

Kanamycin (Km) = injection

Levofloxacin (Lfx)

Ethionamide (Eto)

Cycloserine (Cs)

Pyrazinamide (Z)

**STEP 1****Choose an injectable (Group 2)****Kanamycin****Amikacin****Capreomycin**

Choose a drug based on DST and treatment history. Streptomycin is generally not used because of high rates of resistance in patients with MDR-TB.

**STEP 2****Choose a higher generation  
fluoroquinolone (Group 3)****Levofloxacin****Moxifloxacin**

Use a later generation fluoroquinolone. If levofloxacin (or ofloxacin) resistance is documented, use moxifloxacin. Avoid moxifloxacin if possible when using bedaquiline (see Annex 4).

**STEP 3****Add Group 4 drugs****Cycloserine/terizidone****Para-aminosalicylic acid (PAS)****Ethionamide/prothionamide**

Add two or more Group 4 drugs until there are at least four second-line anti-TB drugs likely to be effective. Ethionamide/prothionamide is considered the most effective Group 4 drug. Consider treatment history, side-effect profile, and cost. DST is not considered reliable for the drugs in this group.

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**STEP 4****Add Group 1 drugs**

**Pyrazinamide  
Ethambutol**

Pyrazinamide is routinely added in most regimens; ethambutol can be added if the criteria for an effective drug are met (see Section 5.7.1 for definition of “effective drug”). If isoniazid is unknown or pending it can be added to the regimen until DST results become available, see Section 5.8.

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**STEP 5****Add Group 5 drugs**

**Bedaquiline  
Linezolid  
Clofazimine  
Amoxicillin/clavulanate  
Imipenem/cilastatin plus  
clavulanate  
Meropenem plus clavulanate  
High-dose isoniazid  
Clarithromycin  
Thioacetazone**



# Благодарю за внимание!

# Thank you for your attention!

# XDR-TB: Countries reporting at least one case



# Extensive Drug-resistant TB (XDR-TB)

- Definition (*WHO 2013*)
- MDR-TB, and additional resistance to
  - one of the second line injectables, Am, Km, Cp
  - one of the fluroquinolones
- Risk factors
  - HIV infection
  - Incorrect TB treatment (*Lancet Infect Dis 2013;13:529*)
  - Intermittent treatment, prescription errors, poor compliance and substandard quality of drugs
  - Two or more previous courses of ATT (*PLOS One 2008;3:e2957*)
  - Bilateral/cavitory lesions in MDR-TB (*AM J Resp Crit Care Med 2010;182:426*)

# XDR-TB

## Rules for constructing regimen:

- Empiric regimen (until DST available)
- May use > 4 drugs in the intensive phase (*Clin Epidemiol* 2014;6:111)
- Existing MDR-TB regimen + Inj (Am) + not used Group 4 + 2 group 5 (Cfx, Amx/Clv, Lzd)
- Cfx has better culture conversion rates (*J Antimicrob Chemother* Jun 2014 epub)
- Individualise according to DST
- High dose INH (if inhA resistance) (*Int J Tuberc Lung Dis* 2008;12:129)
- Duration: 18 mo' s post culture conversion